Peer Program Standards Rubric

Background:

The original NPHA (National Trained peers Association), then NAPP (National Association of Peer Programs), and now NAPPP (National Association of Peer Program Professionals), Programmatic Standards and Ethics was published in the Peer Facilitator Quarterly in June of 1990 after a 2-year process. Updates for NAPP Programmatic Standards and Ethics were added in 2002, 2007, 2012, 2014, and 2018.

Rubric Development:

The Programmatic Standards Rubric was developed through funding from the Centers for Disease Control and Prevention to the Indiana Department of Education. NAPP was commissioned to develop a rubric for peer program evaluation. The Rubric was designed to make program evaluation easier for local peer program advisors, practitioners, and organizations. Additional funding was received through multi-project collaborations with the Partners in Active Learning Support (PALS) program operated by National Future Farmers of America.

Development of the rubric began with a review of the NAPPP Programmatic Standards and Ethics in 2012. The Standards were either stated directly in the rubric or the essence summarized. In a few instances, the Standards were modified to reflect recent developments or more informed or preferred practices.

Benchmarks for assessment were developed. Numeric values were assigned to these benchmarks and adjectives to estimate the degree to which a program complies with a component within a standard. A profile can be developed by rating each component.

In 2014, 2018, and July 2022 the NAPPP Rubric was modified to reflect current terminology and indicators of effectiveness determined by ongoing meta-analyses of peer programs. An appendix also was added in 2018 with specific indicators to be included when designing or evaluating training for prevention education or intervention programs in common topical areas.

The overarching intention of the Rubric is to improve the quality of peer-helping programs.

Intended Uses of the Rubric:

- Guide for designing peer programs.
- Means for ascertaining what constitutes a peer program.
- Tool for evaluating peer programs.
- Instrument for developing individual peer program profiles to assess program strengths and areas for improvement.
- Means to organize and focus peer program professional training based on the NAPPP Standards and Ethics.

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- Means of self-evaluation for peer programs seeking national certification from the NAPPP.
- Means for deciding on peer program certification by the NAPPP Professional Development Committee.

Scoring:

Overview: The Standards are numbered from 1-11 in the rubric. Under each Standard are several components. Each component is rated by circling the number in the box under the adjective that best describes the particular peer program being evaluated. In other words, each component is rated as either "advanced," "proficient," "basic," or "below basic standards or does not meet standard." If a component does not apply, it will be rated as non-applicable ("NA"). No numeric value is assigned in this instance. Numeric values are assigned to the four adjectives mentioned previously and the values assigned are from 3-0, respectively.

Criterion Reference Scoring: The acceptable score is 2 ("proficient") and above. A score of 1 or 0 ("basic and below") equates to needs improvement. Any component rated less than 3 or "advanced" needs improvement.

Personal Program Scoring: Another way to assess a program is to sum all the values for all items with a numeric score to derive a total score. Again, "NA" items will not be included in the sum. Divide by the total number of components receiving a numeric value to derive a mean. Then compute the standard deviation (SD). Any value equal to or greater than 1 SD above the mean is a strength, and any value equal to or below 1 SD below the mean is a component that needs improvement.

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National Association of Peer Program Professionals: Peer Program Rubric Revised July 27, 2022

**NOTE: "Below Basic" or "Does Not Meet Standard" also can be scored as non-applicable (NA). If scored as NA, no numeric value is assigned in this instance.

Use score worksheet to compile ratings for each category as well as strengths and areas of improvement.

Standard 1: Program Start-Up Planning (includes a needs assessment, purpose, goals/objectives, procedures & compliance)

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0)
Rationale	Clear & compelling based on a community, organizational & program needs assessment	Clear & compelling based on a program needs assessment	Stated but not based on a needs assessment	Standard Not Met None
Purpose	Derived from rationale & reflects community, organizational, & program vision, mission, aims, goals & objectives	Derived from rationale & reflects organizational & program vision, mission, aims goals, & objectives	Only reflects program vision, mission, aims, goals, & objectives	None
Goals & objectives	Corresponds with program's purpose at the community, organizational, & program levels & are clear, realistic & achievable	Corresponds with program's purpose at the organizational, & program levels & are clear, realistic & achievable	Only corresponds with program's purpose at the program levels & are clear, realistic & achievable	Most to all of the goals do not correspond with program's purpose, &/or lack clarity, practicality & attainability.
Procedures	All procedures align with community, organizational, & program vision, mission, aims, goals, & objectives are clear, systematic, progressive & organized	Most procedures are consistent with the program's purpose & are clear systematic, progressive, & organized	Few procedures are consistent with the program's purpose, nonetheless, are clear, systematic, progressive & organized	Procedures are inconsistent with the program's purpose & several are vague, lack progression & appear unorganized

Compliance	Complies with 100-95% of	Complies with 94-80% of	Complies with 79-50% of	Complies with less
	NAPPP Programmatic & Ethical	NAPPP Programmatic &	NAPPP Programmatic &	than 50% of NAPPP
	Standards	Ethical Standards	Ethical Standards	Programmatic &
				Ethical Standards

Standard 2: Program Commitment (evidence by consistent active involvement by program administrators, community supporters, program staff, & advisory committee members. Also entails identifying financial & logical resources.

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Administrative/community	Full	Strong	Minimal	None
support				
Advisory committee	100-95% of advisory	94-75% of advisory	74-50% of advisory	Less than 50% of advisory
members/community	committee members	committee members	committee members	committee members
program volunteers	consistently promote &	consistently promote &	consistently promote &	consistently promote &
	support program ownership	support program ownership	support program ownership	support program ownership
	by staff.	by staff.	by staff.	by staff.
	Mirrors 100-95% of school population/service area in such ways as race, gender, age, religion, & occupations (e.g. business/industry, academia, social services, religion, government)	Mirrors 94-75% of school population/service area in such ways as race, gender, age, religion, & occupations (e.g. business/industry, academia, social services, religion, government)	Mirrors 74-50% of school population/service area in such ways as race, gender, age, religion, & occupations (e.g. business/industry, academia, social services, religion, government)	Mirrors less than 50% of school population/service area in such ways as race, gender, age, religion, & occupations (e.g. business/industry, academia, social services, religion, government)
Financial/logistical	100-95% of program funded	94-80% of program funded	79-50% of program funded	Less than 50% of program
support	for logistical support &	for logistical support &	for logistical support &	funded for logistical support
	implementation to include	implementation to include	implementation to include	& implementation to include
[suggested addition]	curriculum & training	curriculum & training	curriculum & training	curriculum & training
_	resources	resources	resources	resources

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Standard 3: Program Staffing (Staff is qualified to implement a peer helping program based on training, experience, commitment to the peer program philosophy, personal & professional characteristics, & teaching as well as communication skills.

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Staff have relevant	Certified Peer Program	Non-certified educator with	Non-certified educator with	Non-certified educator with
educational & practical	Educator (CPPE)	3-5 years of experience	1-2 years' experience	no experience
experience & mastery of				Y 1 700/ 6 1 1
peer training &	100-95% of trained peers	94-90% of trained peers	89-80% of trained peers	Less than 79% of trained
supervision concepts	comply with NAPPP Ethical	comply with NAPPP Ethical	comply with NAPPP Ethical	peers comply with NAPPP Ethical Standards
•	Standards	Standards	Standards	
Staff have positive	Advocate for trained peers	Advocate for trained peers	Advocate for trained peers	Little to no rapport with
rapport with population	who is well known, liked &	who is well liked		trained peers
from which peers are	respected			
selected				
Staff is knowledgeable	100-90% in compliance with	89-80% in compliance with	79-50% in compliance with	Less than 50% in compliance
about & committed to the	NAPPP Programmatic	NAPPP Programmatic	NAPPP Programmatic	with NAPPP Programmatic
principles of peer helping	Standards & Ethics	Standards & Ethics	Standards & Ethics	Standards & Ethics
	100-90% committed to the principles presented in that document	89-80% committed to the principles presented in that document	79-50% committed to the principles presented in that document	Less than 50% committed to the principles presented in that document
Peers feel ownership of &	Expressed by 100-90% of	Expressed by 89-80% of	Expressed by 79-50% of	Expressed by less than 50%
involvement in program	trained peers	trained peers	trained peers	of trained peers
Staff is knowledgeable	100-90% correct on verbal	89-80% correct on verbal	79-50% correct on verbal	Less than 50% correct on
about the program	examination about matters	examination about matters	examination about matters	verbal examination about
setting	relevant to the program	relevant to the program	relevant to the program	matters relevant to the
	setting	setting	setting	program setting
Staff able to articulate	100-90% of trained peers,	89-80% of trained peers,	79-50% of trained peers,	Less than 50% of trained
program needs & goals	other staff, sponsoring	other staff, sponsoring	other staff, sponsoring	peers, other staff, sponsoring
	agency, & community	agency, & community	agency, & community	agency, & community
	respondents report	respondents report	respondents report	respondents report
	professional staff clearly	professional staff clearly	professional staff clearly	professional staff clearly
	grasp the program's needs &	grasp the program's needs &	grasp the program's needs &	grasp the program's needs &
	goals & effectively articulate	goals & effectively articulate	goals & effectively articulate	goals & effectively articulate

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	the program's nature &			
	purpose	purpose	purpose	purpose
Leader recognizes	100-90% agreement by peers,	89-80% agreement by peers,	79-50% agreement by peers,	Less than 50% agreement by
importance of serving as	staff, sponsoring agency &	staff, sponsoring agency &	staff, sponsoring agency &	peers, staff, sponsoring
positive role model	broader community about the	broader community about the	broader community about the	agency & broader community
personally &	importance of being a	importance of being a	importance of being a	about the importance of being
professionally	positive role model	positive role model	positive role model	a positive role model
Staff is familiar with	100-90% familiar with	89-80% familiar with	79-50% familiar with	Less than 50% familiar with
different learning styles	definitions of various learning			
to include experiential &	styles	styles	styles	styles
didactic strategies				
Staff is effective with	3+ years of experience in	2-3 years of experience in	1-2 years of experience in	Less than 1 year experience
groups	leading groups	leading groups	leading groups	in leading groups
Training & supervision	100-90% mastery of training	89-80% mastery of training &	79-50% mastery of training &	Less than 50% mastery of
	& supervision concepts & skills	supervision concepts & skills	supervision concepts & skills	training & supervision concepts & skills

Standard 4: Program Organizational Structure (Organizational structure has clear lines of authority, responsibility & communication that reflect the nature & purpose of the program.

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Lines of authority	Has flow chart designating positions of authority, responsibility & communication	No flow chart; lines of authority, responsibility & communication are implied based upon program culture	No flow chart; lines of authority, responsibility & communication are ambiguous	None
Nature & purpose of program	Structure congruent with purpose of program	Program structure generally evident, clear, & consistent with program purpose	Program structure is ambiguous relative to the structure of the program	None

Standard 5: Program Screening & Selection (Screening & selection of peers are prudent & systematic; a thorough & prudent screening & selection process should occur whether the screening process is "formal" or "informal")

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Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0)
				Standard Not Met
Screening	 Concern for others 	Concern for others	Concern for others	Concern for others
Includes ascertaining the	 Trustworthiness 	Trustworthiness	 Trustworthiness 	Trustworthiness
following about the	 Helping attitude 	Helping attitude	Helping attitude	Helping attitude
applicant:	 Emotional stability 	Emotional stability	Emotional stability	Emotional stability
	• Effectiveness as a role	Effectiveness as a role	• Effectiveness as a role	Effectiveness as a role
Advanced = 100-90%	model	model	model	model
Proficient = 89-75%	• Understanding of types of		• Understanding of types of	Understanding of types of
Basic = $74-50\%$	services to be provided	services to be provided	services to be provided	services to be provided
Not Met = Less than 50%	• Commitment to the	Commitment to the	• Commitment to the	Commitment to the
	program services offered	program services offered	program services offered	program services offered
	• Ability to converse & be	Ability to converse & be	Ability to converse & be	Ability to converse & be
	sensitive to population	sensitive to population	sensitive to population	sensitive to population
	served	served	served	served
	• Active listening skills	Active listening skills	Active listening skills	Active listening skills
	Group management skill	Group management skill	Group management skill	Group management skill
	Citizenship	Citizenship	Citizenship	Citizenship
Selection	• Established selection	Established selection	Established selection	Accept all who want to
	criteria distributed	criteria are selectively	criteria is not distributed	be trained peers
	A formal application is	distributed	A formal application is	No formal application
	required that clearly	A formal application is	required that requests	required
	explains program	required that partially explains the purpose of	information based on	No interviews conducted
	purpose, requests information based on	program, requests	specific selection criteria, and written teacher &	No requirement to
	specific selection criteria,	information based on	administrator	demonstrate helping characteristics & skills
	& requires written	specific selection criteria,	recommendations	Characteristics & skins
	teacher & administrator	& written teacher &	Structured interviews are	
	recommendations	administrator	conducted to ascertain	
	Structured interviews are	recommendations	whether applicant	
	conducted to ascertain	Structured interviews are	possesses helping	
	whether applicant	conducted to ascertain	characteristics & skills	
	possesses helping	whether applicant	Helping characteristics &	
	characteristics & skills; is	possesses helping	skills demonstrated are	
	emotionally stable;	characteristics & skills; is		

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understands & is	emotionally stable;	unrelated to the focus of	
committed to & available	understands & is	program	
for provision of services	committed to & available		
to be provided; can be	for provision of services		
reflective of & sensitive	to be provided; can be		
to the population to be	reflective & sensitive to		
serves; can effectively	the population to be		
manage groups	served; is familiar with		
 Peers required to 	managing groups		
demonstrate helping	 Peers demonstrate a few 		
characteristics & skills	helping characteristics &		
	skills		

Standard 6: Program Training (Program training will provide trained peers with the knowledge & skills needed to be effective in a variety of peer helping roles.)

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Role of trained peers Trained peers: Advanced = 100-90% Proficient = 89-75% Basic = 74-50% Not Met = Less than 50%	 are committed to orientation of program are consistently caring, accepting, genuine, understanding, & trustworthy are consistently self-aware always model healthy behaviors & lifestyle do not offer advice, propose solutions, or impose values use positive listening skills 	 are committed to orientation of program are consistently caring, accepting, genuine, understanding, & trustworthy are consistently self-aware always model healthy behaviors & lifestyle do not offer advice, propose solutions, or impose values use positive listening skills 	 are committed to orientation of program are consistently caring, accepting, genuine, understanding, & trustworthy are consistently self-aware always model healthy behaviors & lifestyle do not offer advice, propose solutions, or impose values use positive listening skills 	 are committed to orientation of program are consistently caring, accepting, genuine, understanding, & trustworthy are consistently self-aware always model healthy behaviors & lifestyle do not offer advice, propose solutions, or impose values use positive listening skills

	 consistently recognize their limitations in peer helping skills consistently develop individual & group trust are consistently & appropriately using other trained peers for support comply with the personal code of ethics & standards of behavior published by NAPPP coach helpees facilitate sharing of personal feelings & concerns teach helpees organizational skills teach/model leadership skills 	 consistently recognize their limitations in peer helping skills consistently develop individual & group trust are consistently & appropriately using other trained peers for support comply with the personal code of ethics & standards of behavior published by NAPPP coach helpees facilitate sharing of personal feelings & concerns teach helpees organizational skills teach/model leadership skills 	 consistently recognize their limitations in peer helping skills consistently develop individual & group trust are consistently & appropriately using other trained peers for support comply with the personal code of ethics & standards of behavior published by NAPPP coach helpees facilitate sharing of personal feelings & concerns teach helpees organizational skills teach/model leadership skills 	 consistently recognize their limitations in peer helping skills consistently develop individual & group trust are consistently & appropriately using other trained peers for support comply with the personal code of ethics & standards of behavior published by NAPPP coach helpees facilitate sharing of personal feelings & concerns teach helpees organizational skills teach/model leadership skills
Confidentiality/liability skills Trained peers: Advanced = 100% Proficient = 99-80% Basic = 79-50% Not Met = Less than 50%	 adhere to all NAPPP Code of Ethics know how to recognize potential threats to safety & well-being are aware of limitations & responsibilities, have access to professional staff who can make appropriate referrals promptly & appropriately report potential threats to personal safety or the 	 adhere to all NAPPP Code of Ethics know how to recognize potential threats to safety & well-being are aware of limitations & responsibilities, have access to professional staff who can make appropriate referrals promptly & appropriately report potential threats to personal safety or the 	 adhere to all NAPPP Code of Ethics know how to recognize potential threats to safety & well-being are aware of limitations & responsibilities, have access to professional staff who can make appropriate referrals promptly & appropriately report potential threats to personal safety or the 	 adhere to all NAPPP Code of Ethics know how to recognize potential threats to safety & well-being are aware of limitations & responsibilities, have access to professional staff who can make appropriate referrals promptly & appropriately report potential threats to personal safety or the

	well-being of trained peers, helpees or others	_	rell-being of trained well-being of trained eers, helpees or others peers, helpees or others
Listening & communication skills Trained peers: Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 consistently demonstrate active listening skills to include nonverbal/verbal & facilitative responding skills effectively manage issues related to cultural diversity 	active listening skills to include nonverbal/verbal & facilitative responding skills • effectively manage issues related to cultural diversity active listening skills to active skills in & sk effective responding skills • effectively manage issues related to cultural diversity	onsistently demonstrate ctive listening skills to aclude nonverbal/verbal acfacilitative responding skills affectively manage issues elated to cultural diversity onsistently demonstrate active listening skills to include nonverbal/verbal & facilitative responding skills • effectively manage issues related to cultural diversity onsistently demonstrate active listening skills to include nonverbal/verbal & facilitative responding skills • effectively manage issues related to cultural diversity
Problem-solving, decision-making skills Trained peers: Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 are effective at problem solving & decision making effectively use various mediation techniques 	solving & decision so making m • effectively use various • ef	 e effective at problem solving & decision aking effectively use various are effectively use various mediation techniques
Additional issues & topics Trained peers: Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about social cultural influences & differences are effective at peer tutoring strategies are effective at crisis management are effective at conflict resolution 	motivational & m reinforcement principals of behavior change, individual & group dynamics & facilitation techniques • are knowledgeable about social cultural influences & differences • are effective at peer tutoring strategies • are effective at crisis management • are effective at conflict • are	 are knowledgeable about notivational & reinforcement principals of behavior change, adividual & group ynamics & facilitation echniques re knowledgeable about ocial cultural influences of differences re effective at peer attoring strategies re effective at crisis anagement re effective at conflict resolution are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about motivational & reinforcement principals of behavior change, individual & group dynamics & facilitation techniques are knowledgeable about social cultural influences & differences are effective at peer tutoring strategies are effective at crisis management are effective at crisis management

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	 are effective at working with special needs populations are effective as telephone "hotline" managers are highly knowledgeable about at least 1 detrimental social, emotional, biological &/or developmental issue impacting youth (e.g., substance abuse, STIs, gangs, family relations) are knowledgeable about referral resources, services & programs 	 are effective at working with special needs populations are effective as telephone "hotline" managers are highly knowledgeable about at least 1 detrimental social, emotional, biological &/or developmental issue impacting youth (e.g., substance abuse, STIs, gangs, family relations) are knowledgeable about referral resources, services & programs 	 are effective at working with special needs populations are effective as telephone "hotline" managers are highly knowledgeable about at least 1 detrimental social, emotional, biological &/or developmental issue impacting youth (e.g., substance abuse, STIs, gangs, family relations) are knowledgeable about referral resources, services & programs 	 are effective at working with special needs populations are effective as telephone "hotline" managers are highly knowledgeable about at least 1 detrimental social, emotional, biological &/or developmental issue impacting youth (e.g., substance abuse, STIs, gangs, family relations) are knowledgeable about referral resources, services & programs
Training	Training specifically tailored	Training is comprehensive,	Training is comprehensively	Training is diffuse & not
	or designed to address the	but consistently only	& occasionally addresses	clearly connected to program
	nature & goals of the program	addresses either the nature or	either the nature or goals of	outcomes
		goals of the program	the program	

Standard 7: Program Service Delivery (Service delivery will include a variety of structured opportunities to engage in meaningful, productive, helping roles to assist the population served.)

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Service delivery Trained peers: Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 are engaged in a variety of meaningful, productive helping roles reflective of program goals can apply the knowledge & skills acquired during training trained peers & helpees alike acknowledge 	 are engaged in a variety of meaningful, productive helping roles reflective of program goals can apply the knowledge & skills acquired during training trained peers & helpees alike acknowledge 	 are engaged in a variety of meaningful, productive helping roles reflective of program goals can apply the knowledge & skills acquired during training trained peers & helpees alike acknowledge 	 are engaged in a variety of meaningful, productive helping roles reflective of program goals can apply the knowledge & skills acquired during training trained peers & helpees alike acknowledge

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	enhancement of personal growth & positive development utilize ongoing opportunities for continued learning & training	enhancement of personal growth & positive development utilize ongoing opportunities for continued learning & training	enhancement of personal growth & positive development utilize ongoing opportunities for continued learning & training	enhancement of personal growth & positive development utilize ongoing opportunities for continued learning & training
General program considerations Trained peers: Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 apply appropriate interventions consistently identify crisis intervention possibilities for various situations consistently recognize & report all threatening situations consistently practice critiquing conflict resolution in de-briefing session following specific events consistently perform to standard in their anticipated roles receive training appropriate & relevant to population served participate in regularly scheduled teaching & learning sessions receive training that is consistent & progressively sequenced 	 apply appropriate interventions consistently identify crisis intervention possibilities for various situations consistently recognize & report all threatening situations consistently practice critiquing conflict resolution in de-briefing session following specific events consistently perform to standard in their anticipated roles receive training appropriate & relevant to population served participate in regularly scheduled teaching & learning sessions helpers receive training that is consistent & progressively sequenced 	 apply appropriate interventions consistently identify crisis intervention possibilities for various situations consistently recognize & report all threatening situations consistently practice critiquing conflict resolution in de-briefing session following specific events consistently perform to standard in their anticipated roles receive training appropriate & relevant to population served participate in regularly scheduled teaching & learning sessions helpers receive training that is consistent & progressively sequenced 	 apply appropriate interventions consistently identify crisis intervention possibilities for various situations consistently recognize & report all threatening situations consistently practice critiquing conflict resolution in de-briefing session following specific events consistently perform to standard in their anticipated roles receive training appropriate & relevant to population served participate in regularly scheduled teaching & learning sessions helpers receive training that is consistent & progressively sequenced
	from basic to advanced	from basic to advanced	from basic to advanced	from basic to advanced

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Specific service delivery roles: rate one or more of the following roles (mentor, tutor, mediator, teacher leader), but only if applicable to the focus of the program.

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0)
				Standard Not Met
Peer Mentor Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 mentors establish support/helping relationships mentors consistently help in areas of personal 	 mentors establish support/helping relationships mentors consistently help in areas of personal 	 mentors establish support/helping relationships mentors consistently help in areas of personal 	 mentors establish support/helping relationships mentors consistently help in areas of personal
Not with a Less than 50%	concern	concern	concern	concern

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	 mentors consistently apply knowledge & skills learned mentors regularly model positive behavior & life choices 	apply knowledge & skills learned learn mentors regularly model apply learn	ors regularly model ive behavior & life mentors regularly model positive behavior & life
Peer Tutor Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 tutors assist peers pursuing academic achievement tutors "coach" in 1-on-1 situations or small groups 	pursuing academic pursuachievement achievement achievement tutors "coach" in 1-on-1 tutor	 tutors assist peers pursuing academic achievement s "coach" in 1-on-1 tions or small groups tutors assist peers pursuing academic achievement tutors "coach" in 1-on-1 situations or small groups
Peer Mediator Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 mediators thoroughly explain their roles mediators establish ground rules mediators explore all feasible options mediators expedite collaboration mediators seek full agreement 	explain their roles mediators establish ground rules mediators explore all feasible options mediators expedite collaboration mediators seek full expla mediators explore mediators explore all feasi mediators expedite collaboration mediators seek full	 mediators thoroughly explain their roles ators establish od rules mediators establish ground rules mediators establish ground rules mediators establish ground rules mediators explore all feasible options mediators explore all feasible options mediators expedite collaboration mediators expedite tollaboration mediators expedite agreement
Peer Teacher Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 teachers instruct on topics of local concern teachers provide special training services to groups or for community projects 	 teachers instruct on topics of local concern of local concern teachers provide special training services to 	 teachers instruct on topics of local concern teachers provide special training services to groups or for community
Peer Leader Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	 leaders are knowledgeable about needs & conditions of the people & community leaders initiate, promote, direct & participate in services to peers, 	knowledgeable about needs & conditions of the people & community leaders initiate, promote, direct & participate in	 leaders are knowledgeable about needs & conditions of the le & community ers initiate, promote, t & participate in ces to peers, leaders are knowledgeable about needs & conditions of the people & community leaders in knowledgeable about needs & conditions of the people & community leaders are knowledgeable about needs & conditions of the people & community leaders in knowledgeable about needs & conditions of the people & community leaders are knowledgeable about needs & conditions of the people & community services to peers,

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families, & the	families, & the	families, & the	families, & the
community	community	community	community

Standard 8: Program Supervision (Programs will provide regularly scheduled, continuous support to & supervision of trained peers.)

Standard 8: Program Super	1			
Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0)
				Standard Not Met
Activities & Services	• staff routinely monitor, guide, &/or assist trained	• staff routinely monitor, guide, &/or assist trained	• staff routinely monitor, guide, &/or assist trained	• staff routinely monitor, guide, &/or assist trained
Advanced = 100-95%	peers & provide	peers & provide	peers & provide	peers & provide
Proficient = 94-80% Basic = 79-50%	supplemental supervision	supplemental supervision	supplemental supervision	supplemental supervision
Basic = 79-50% Not Met = Less than 50%	& support as needed			
2,002.200	• staff routinely enhance			
	the effectiveness & personal growth of			
	trained peers	trained peers	trained peers	trained peers
	• staff routinely encourage	• staff routinely encourage	staff routinely encourage	• staff routinely encourage
	trained peers to collaborate in			
	performance of their	performance of their	performance of their	performance of their
	helping roles	helping roles	helping roles	helping roles
	• safeguards are in place &			
	protected 100-90% of the			
	trained peers from burnout, role confusion,			
	inappropriate	inappropriate	inappropriate	inappropriate
	assignments or helpee	assignments or helpee	assignments or helpee	assignments or helpee
	manipulation	manipulation	manipulation	manipulation

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Standard 9: Program Evaluation (Program evaluation includes documenting program-related activities & services, assessing program impact, evaluating long-term program outcomes & determining cost versus benefits of the program.)

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Process evaluation	 needs assessment of 100-87.5% of the following factors: social (marketing), epidemiologic, behavioral, environmental, educational, organizational, administrative, & policy 100-95% of goals and objectives are aligned with mission & aims are assessed 100-95% of the trained peers & staff are listed 100-95% of peer selection procedures & criteria are documented 100-95% of the nature & extent of training are documented 100-95% of types & numbers of services & contacts are documented 100-95% of other program activities are documented 	 needs assessment of less than 87.5% but at least equal to 50% of the following factors: social (marketing), epidemiologic, behavioral, environmental, educational, organizational, administrative, & policy 94-80% of goals & objectives are aligned with mission & aims are assessed 94-80% of the trained peers & staff are listed 94-80% of peer selection procedures & criteria are documented 94-80% of the nature & extent of training are documented 94-80% of types & numbers of services & contacts are documented 94-80% of other program activities are documented 	 needs assessment of less than 50% but at least equal to 12.5% of the following factors: social (marketing), epidemiologic, behavioral, environmental, educational, organizational, administrative, & policy 79-50% of goals & objectives are aligned with mission & aims are assessed 79-50% of the trained peers & staff are listed 79-50% of peer selection procedures & criteria are documented 79-50% of the nature & extent of training are documented 79-50% of types & numbers of services & contacts are documented 79-50% of other program activities are documented 	 No needs assessment conducted less than 50% of goals & objectives are aligned with mission & aims are assessed less than 50% of the trained peers & staff are listed less than 50% of peer selection procedures & criteria are documented less than 50% of the nature & extent of training are documented less than 50% of types & numbers of services & contacts are documented less than 50% of other program activities are documented
Impact evaluation Advanced = 100-95%	knowledge, attitudes, beliefs, skills &/or behaviors are	knowledge, attitudes, beliefs, skills &/or behaviors are	knowledge, attitudes, beliefs, skills &/or behaviors are	knowledge, attitudes, beliefs, skills &/or behaviors are

Peer Program Standards Rubric

Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	quantitatively or qualitatively assessed			
Outcomes Advanced = 100-95% Proficient = 94-80% Basic = 79-50% Not Met = Less than 50%	academic, social, emotional, occupational &/or health progress indicators are quantitatively or qualitatively assessed	academic, social, emotional, occupational &/or health progress indicators are quantitatively or qualitatively assessed	academic, social, emotional, occupational &/or health progress indicators are quantitatively or qualitatively assessed	academic, social, emotional, occupational &/or health progress indicators are quantitatively or qualitatively assessed
Cost benefit ratio	benefits exceed costs by 100- 95%	benefits exceed costs by 94-80%	benefits exceed costs by 79-50%	benefits exceed costs by 50% or less

Standard 10: Program Public Relations (Public relations include keeping external & internal program supporters & potential recipients informed.)

Components	Advanced (3) 100-95%	Proficient (2) 94-80%	Basic (1) 79-50%	Below Basic (0) Standard Not Met Less than 50%
Communications with program supporters	monthly reporting of events & successes related to goals to those in program setting as well as those interested individuals & organizations	monthly reporting of events & successes related to goals to those in program setting as well as those interested individuals & organizations	monthly reporting of events & successes related to goals to those in program setting as well as those interested individuals & organizations	monthly reporting of events & successes related to goals to those in program setting as well as those interested individuals & organizations
Use of media to communicate	in broader community media used to promote program successes & community involvement & outreach is by means of social media, electronic media, newsletters, postcards, flyers, posters, newspaper articles, interviews, public service announcements, publications, reports, & media contacts	in broader community media used to promote program successes & community involvement & outreach is by means of social media, electronic media, newsletters, postcards, flyers, posters, newspaper articles, interviews, public service announcements, publications, reports, & media contacts	in broader community media used to promote program successes & community involvement & outreach is by means of social media, electronic media, newsletters, postcards, flyers, posters, newspaper articles, interviews, public service announcements, publications, reports, & media contacts	in broader community media used to promote program successes & community involvement & outreach is by means of social media, electronic media, newsletters, postcards, flyers, posters, newspaper articles, interviews, public service announcements, publications, reports, & media contacts

Peer Program Standards Rubric

Standard 11: Long-range Planning (Long-range planning includes ways to maintain & sustain the program.)

Components	Advanced (3)	Proficient (2)	Basic (1)	Below Basic (0) Standard Not Met
Leadership/program director	100-95% of a systematic succession plan exists	94-80% of a systematic succession plan exists	79=50% of a systematic succession plan exists	Less than 50% of a systematic succession plan exists
Funding	100-95% of an annual extramural program funding exists	94-80% of an annual extramural program funding exists	79-50% of an annual extramural program funding exists	Less than 50% of an annual extramural program funding exists
Peer ownership	100-95% of trained peers feel directly responsible for the program	94-80% of trained peers feel directly responsible for the program	79-50% of trained peers feel directly responsible for the program	Less than 50% of trained peers feel directly responsible for the program

Appendix

Bullying Interventions

Components	Advanced (3) 100-95%	Proficient (2) 94-80%	Basic (1) 79-50%	Below Basic (0) Standard Not Met Less than 50%
Definitions	trained peers can define			
	bullying, bully, victim,	bullying, bully, victim,	bullying, bully, victim,	bullying, bully, victim,
	bystander, or observer	bystander, or observer	bystander, or observer	bystander, or observer
Origin	trained peers can explain factors that create bullies	trained peers can explain factors that create bullies	trained peers can explain factors that create bullies	trained peers can explain factors that create bullies
Types	trained peers can list categories of bullying & list examples	trained peers can list categories of bullying & list examples	trained peers can list categories of bullying & list examples	trained peers can list categories of bullying & list examples
Gender	trained peers can describe			
	gender-based differences in	gender-based differences in	gender-based differences in	gender-based differences in
	bullying	bullying	bullying	bullying
Diversity	trained peers can list special			
	subpopulations who are more			
	likely to be bullied & give			
	examples	examples	examples	examples

Emotional impact	trained peers can list psychosocio-behavioral-emotional-physiological consequences of bullying & the reactions to each (e.g., depressed, not wanting to go to school, suicidal ideation, PTSD, symptoms, & substance misuse)	trained peers can list psychosocio-behavioral-emotional-physiological consequences of bullying & the reactions to each (e.g., depressed, not wanting to go to school, suicidal ideation, PTSD, symptoms, & substance misuse)	trained peers can list psychosocio-behavioral-emotional-physiological consequences of bullying & the reactions to each (e.g., depressed, not wanting to go to school, suicidal ideation, PTSD, symptoms, & substance misuse)	trained peers can list psychosocio-behavioral-emotional-physiological consequences of bullying & the reactions to each (e.g., depressed, not wanting to go to school, suicidal ideation, PTSD, symptoms, & substance misuse)
Ecological impact	trained peers are aware of trepidation of environment (e.g., feeling unsafe, fear of bullying, being isolated or ostracized)	trained peers are aware of trepidation of environment (e.g., feeling unsafe, fear of bullying, being isolated or ostracized)	trained peers are aware of trepidation of environment (e.g., feeling unsafe, fear of bullying, being isolated or ostracized)	trained peers are aware of trepidation of environment (e.g., feeling unsafe, fear of bullying, being isolated or ostracized)
Intervention	 trained peers know when to consult supervisors about counseling for bullies, victims, & bystanders or observers trained peers will take positive actions to mitigate bullying by such means as speaking up, diversion, removing self & victim from scene, reporting, solving conflicts early, helping change policies, etc. 	 trained peers know when to consult supervisors about counseling for bullies, victims, & bystanders or observers trained peers will take positive actions to mitigate bullying by such means as speaking up, diversion, removing self & victim from scene, reporting, solving conflicts early, helping change policies, etc. 	 trained peers know when to consult supervisors about counseling for bullies, victims, & bystanders or observers trained peers will take positive actions to mitigate bullying by such means as speaking up, diversion, removing self & victim from scene, reporting, solving conflicts early, helping change policies, etc. 	 trained peers know when to consult supervisors about counseling for bullies, victims, & bystanders or observers trained peers will take positive actions to mitigate bullying by such means as speaking up, diversion, removing self & victim from scene, reporting, solving conflicts early, helping change policies, etc.
Supervision	trained peers know when to consult with their supervisors about any matter outside of their specialized training for bullying	trained peers know when to consult with their supervisors about any matter outside of their specialized training for bullying	trained peers know when to consult with their supervisors about any matter outside of their specialized training for bullying	trained peers know when to consult with their supervisors about any matter outside of their specialized training for bullying

Peer Program Standards Rubric

NOTE: for further information, see the following presentation available on NAPPP website: Tindall, J.A., & Black, D.R. (2014, July). *Bullying prevention intervention through peer power*. Paper presented at the 2014 National Conference on Girl Bullying and Other Forms of Relational Aggression, Rosemont, IL.

Suicide Prevention/Intervention

Components	Advanced (3) 100-95%	Proficient (2) 94-80%	Basic (1) 79-50%	Below Basic (0) Standard Not Met Less than 50%
Knowledge	trained peers know the prevalence of suicides nationally & locally	trained peers know the prevalence of suicides nationally & locally	trained peers know the prevalence of suicides nationally & locally	trained peers know the prevalence of suicides nationally & locally
Signs	trained peers know the signs of suicide in others	trained peers know the signs of suicide in others	trained peers know the signs of suicide in others	trained peers know the signs of suicide in others
Types	trained peers can list the top suicide methods	trained peers can list the top suicide methods	trained peers can list the top suicide methods	trained peers can list the top suicide methods
Gender	trained peers can describe differences in female vs. male suicide	trained peers can describe differences in female vs. male suicide	trained peers can describe differences in female vs. male suicide	trained peers can describe differences in female vs. male suicide
Diversity	trained peers can list special subpopulations who are more likely to threaten & commit suicide	trained peers can list special subpopulations who are more likely to threaten & commit suicide	trained peers can list special subpopulations who are more likely to threaten & commit suicide	trained peers can list special subpopulations who are more likely to threaten & commit suicide
Help others	trained peers can describe the steps to help others help others with suicidal ideations	trained peers can describe the steps to help others help others with suicidal ideations	trained peers can describe the steps to help others help others with suicidal ideations	trained peers can describe the steps to help others help others with suicidal ideations
Referral sources	trained peers know local & national referral sources	trained peers know local & national referral sources	trained peers know local & national referral sources	trained peers know local & national referral sources
Impact on others	trained peers know psycho- social-behavioral-emotional- physiological consequences of suicide on others (family, friends & school)	trained peers know psychosocial-behavioral-emotional-physiological consequences of suicide on others (family, friends & school)	trained peers know psychosocial-behavioral-emotional-physiological consequences of suicide on others (family, friends & school)	trained peers know psychosocial-behavioral-emotional-physiological consequences of suicide on others (family, friends & school)

Peer Program Standards Rubric

Skills to teach others	trained peers will have skills to	trained peers will have	trained peers will have skills to	trained peers will have skills to
about suicide	teach others about suicide	skills to teach others about	teach others about suicide	teach others about suicide
prevention activities	prevention strategies	suicide prevention	prevention strategies	prevention strategies
•		strategies		
Intervening	trained peers know when to	trained peers know when to	trained peers know when to	trained peers know when to
	consult supervisors about	consult supervisors about	consult supervisors about	consult supervisors about
	suicidal ideations in others	suicidal ideations in others	suicidal ideations in others	suicidal ideations in others
Supervision	trained peers know when to	trained peers know when to	trained peers know when to	trained peers know when to
_	consult their supervisors about	consult their supervisors	consult their supervisors about	consult their supervisors about
	any matter outside their skill	about any matter outside	any matter outside their skill	any matter outside their skill
	level of helping others with	their skill level of helping	level of helping others with	level of helping others with
	suicidal ideations	others with suicidal	suicidal ideations	suicidal ideations
		ideations		

Note: Additional resources on this topic can be found in Tindall, J. (2013, October). Teen Suicide Peer-to-Peer Prevention and Intervention Strategies webinar and Tindall, J. (2009). Peer Power Book Two: Workbook: Applying Peer Helper Skills (3rd ed.). New York: Routledge/Taylor & Francis Group. Order from www.Youthlightbooks.com

New Student Orientation: Trained peers know how to successfully orient and connect new students to school.

Components	Advanced (3) 100-95%	Proficient (2) 94-80%	Basic (1) 79-50%	Below Basic (0) Standard Not Met Less than 50%
KNOWLEDGE	trained peers know the specific topics to be covered for new students	trained peers know the specific topics to be covered for new students	trained peers know the specific topics to be covered for new students	trained peers know the specific topics to be covered for new students
INTRODUCTIONS	trained peers know how to introduce themselves to make new students feel comfortable	trained peers know how to introduce themselves to make new students feel comfortable	trained peers know how to introduce themselves to make new students feel comfortable	trained peers know how to introduce themselves to make new students feel comfortable

Peer Program Standards Rubric

IMPORTANCE SUBPOPULATIONS NEEDING EXTRA SUPPORT	trained peers know the psycho-social/behavioral/emotional/physiological importance of connecting new students to school trained peers can identify special subpopulations who need extra support when entering a new school; e.g., special needs, from much smaller or larger schools, from much smaller or larger cities, entering because of a stressful circumstance	trained peers know the psychosocial/behavioral/ emotional/physiological importance of connecting new students to school trained peers can identify special subpopulations who need extra support when entering a new school; e.g., special needs, from much smaller or larger schools, from much smaller or larger cities, entering because of a stressful circumstance	trained peers know the psychosocial/behavioral/ emotional/physiological importance of connecting new students to school trained peers can identify special subpopulations who need extra support when entering a new school; e.g., special needs, from much smaller or larger schools, from much smaller or larger cities, entering because of a stressful circumstance	trained peers know the psychosocial/behavioral/ emotional/physiological importance of connecting new students to school trained peers can identify special subpopulations who need extra support when entering a new school; e.g., special needs, from much smaller or larger schools, from much smaller or larger cities, entering because of a stressful circumstance
FOSTERING SCHOOL CONNECTEDNESS	trained peers can describe steps to help new students become connected to the school	trained peers can describe steps to help new students become connected to the school	trained peers can describe steps to help new students become connected to the school	trained peers can describe steps to help new students become connected to the school
SUPPORTIVE GROUPS	trained peers know school groups, clubs, teams, etc., to offer to new students	trained peers know school groups, clubs, teams, etc., to offer to new students	trained peers know school groups, clubs, teams, etc., to offer to new students	trained peers know school groups, clubs, teams, etc., to offer to new students
INTERVENING	trained peers can identify when to consult supervisors if a new student is in distress	trained peers can identify when to consult supervisors if a new student is in distress	trained peers can identify when to consult supervisors if a new student is in distress	trained peers can identify when to consult supervisors if a new student is in distress
OUTLINE OF COMMON ORIENTATION TOPICS	trained peers make new students feel welcome trained peers introduce themselves warmly and effectively	trained peers make new students feel welcome trained peers introduce themselves warmly and effectively	trained peers make new students feel welcome trained peers introduce themselves warmly and effectively	trained peers make new students feel welcome trained peers introduce themselves warmly and effectively

(Revised July 27, 2022)

trained peers explain/help	trained peers explain/help get	trained peers explain/help get	trained peers explain/help get
get locks/lockers, ID	locks/lockers, ID pictures,	locks/lockers, ID pictures,	locks/lockers, ID pictures,
pictures, lunchroom/ library	lunchroom/ library passes	lunchroom/ library passes	lunchroom/ library passes
passes			
trained peers always model	trained peers always model	trained peers always model	trained peers always model
healthy behaviors/ lifestyle	healthy behaviors/ lifestyle	healthy behaviors/ lifestyle	healthy behaviors/ lifestyle
	trained peers connect new	trained peers connect new	trained peers connect new
	students to their homeroom	students to their homeroom	students to their homeroom
trained peers connect new	teacher	teacher	teacher
students to their homeroom			
teacher	trained peers connect new	trained peers connect new	trained peers connect new
	students to their counselor and	students to their counselor and	students to their counselor and
trained peers connect new	help get their class schedules	help get their class schedules	help get their class schedules
students to their counselor			
and help get their class	trained peers walk the new		
schedules	student through their schedule	trained peers walk the new	trained peers walk the new
	and point out all the areas of	student through their schedule	student through their schedule
trained peers walk the new	the campus	and point out all the areas of the	and point out all the areas of the
student through their		campus	campus
schedule and point out all			
the areas of the campus			
trained peers show new	trained peers show new	trained peers show new students	trained peers show new
students where to get daily	students where to get daily	where to get daily information;	students where to get daily
information; e.g., student	information; e.g., student	e.g., student newspaper, tv	information; e.g., student
newspaper, tv	newspaper, tv announcements,	announcements, etc.	newspaper, tv announcements,
announcements, etc.	etc.		etc.
		trained peers explain the school	
trained peers explain the	trained peers explain the	rules and dress code and provide	trained peers explain the school
school rules and dress code	school rules and dress code	the new student with a copy	rules and dress code and
and provide the new student	and provide the new student		provide the new student with a
with a copy	with a copy	trained peers explain all the	copy
		aspects of their peer program	
	trained peers explain all the		trained peers explain all the
	aspects of their peer program		aspects of their peer program

Peer Program Standards Rubric

			,
trained peers explain all the		trained peers invite the new	
aspects of their peer		student to take the peer program	
program	trained peers invite the new	training	trained peers invite the new
	student to take the peer		student to take the peer program
trained peers invite the new	program training	trained peers escort new students	training
student to take the peer		to lunch	
program training	trained peers escort new		trained peers escort new
	students to lunch	trained peers make sure the new	students to lunch
trained peers escort new		student knows how to contact	
students to lunch	trained peers make sure the	them any time	trained peers make sure the new
	new student knows how to		student knows how to contact
trained peers make sure the	contact them any time		them any time
new student knows how to		trained peers make a plan with	
contact them any time		the new student to walk them to	
	trained peers make a plan with	classes, support them in any way	trained peers make a plan with
trained peers make a plan	the new student to walk them	as long as they want	the new student to walk them to
with the new student to	to classes, support them in any		classes, support them in any
walk them to classes,	way as long as they want		way as long as they want
support them in any way as		trained peers know when to	
long as they want	trained peers know when to	consult with their supervisors	
	consult with their supervisors	about any matter outside their	trained peers know when to
trained peers know when to	about any matter outside their	skill level of helping new	consult with their supervisors
consult with their	skill level of helping new	students	about any matter outside their
supervisors about any	students		skill level of helping new
matter outside their skill			students
level of helping new			
students			

Note: This protocol is based on 27 years of evidence-based experience with Peer Information Center for Teens, Inc., the first NAPPP Certified Peer Program (CPP, 2002).